

PO Box 280

Young NSW 2594

Office Hours: 10:30am to 2:00pm Monday to Friday

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WINTER 2020 FROZEN MEAL MENU ORDER FORM

NAME: _____ PHONE: _____

ADDRESS: _____

DELIVERY / PICK UP DATE: _____ SIGNED: _____

All Meals served with Seasonal Vegetables

BEEF	Quantity	Price	Total
Beef Pie, Mash & Gravy		\$6.50	
Beef Pot Roast (GF)		\$6.50	
Beef Stroganoff (GF)		\$6.50	
Braised Steak & Onion Gravy (GF)		\$6.50	
Chinese Imperial Beef		\$6.50	
Corned Silverside (GF)		\$6.50	
Cottage Pie (GF)		\$6.50	
Curried Sausages		\$6.50	
Grilled Sausages & Onion Gravy		\$6.50	
Hi – Fibre Rissoles & Gravy (GF)		\$6.50	
Lasagne		\$6.50	
Meatloaf		\$6.50	
Roast Beef		\$6.50	
Spaghetti Bolognese		\$6.50	
Steak Diane (GF)		\$6.50	
Steak & Kidney Pie		\$6.50	
Vienna Schnitzel		\$6.50	
LAMB			
Lamb Bourguignon (GF)		\$6.50	
Lambs Fry with Bacon		\$6.50	
Roast lamb with Mint Gravy (GF)		\$6.50	
Crumbed Lamb Patties		\$6.50	
CHICKEN			
Chicken Breast Mango with Roast Potatoes (GF)		\$6.50	
Chicken Breast Parmigiana		\$6.50	
Chicken Curry & Rice (GF)		\$6.50	
Chicken & Vegetable Pie		\$6.50	
Chicken Schnitzel with Gravy		\$6.50	
Chicken Strips with Lemon Sauce		\$6.50	
Chinese Chicken		\$6.50	
Chicken Mushroom with Roast Potatoes (GF)		\$6.50	
Honey Chicken with Cashews		\$6.50	
Roast Chicken with Gravy (GF)		\$6.50	
Sweet & Sour Chicken (GF)		\$6.50	
SEAFOOD			
Barramundi with Lemon Butter		\$6.50	
Crumbed Fish		\$6.50	
Curried Prawns (GF)		\$6.50	
Salmon Patties		\$6.50	
Tempura Fish Bites		\$6.50	



PORK			
Ham Steak & Pineapple Glazed	(GF)	\$6.50	
Roast Pork with Apple Gravy	(GF)	\$6.50	
Sweet & Sour Pork	(GF)	\$6.50	
VEGETARIAN			
Vegetable Patties		\$6.50	
Vegetable Quiche		\$6.50	
SOUP			
Beef & Vegetable	(GF)	\$2.50	
Chicken Noodle		\$2.50	
Corn & Bacon	(GF)	\$2.50	
Creamy Chicken & Vegetable	(GF)	\$2.50	
Pea & Ham		\$2.50	
Potato & Leek	(GF)	\$2.50	
MINI MEALS			
Cheesy Tuna Bake		\$4.50	
Chicken Wings with BBQ Sauce	(GF)	\$4.50	
Chicken & Vegetable Pie		\$4.50	
Cottage Pie	(GF)	\$4.50	
Corned Silverside with Parsley Sauce		\$4.50	
Crumbed Fish, Chips & Vegetables		\$4.50	
Curried Sausages		\$4.50	
Grilled Sausages with Onion Gravy		\$4.50	
Hi Fibre Rissoles with Gravy	(GF)	\$4.50	
Honey Soy Chicken	(GF)	\$4.50	
Lasagne		\$4.50	
Lamb Casserole	(GF)	\$4.50	
Lemon Chicken Schnitzel		\$4.50	
Meat Pie, Mash e & Veg		\$4.50	
Roast Beef & Gravy	(GF)	\$4.50	
Roast Chicken with Gravy	(GF)	\$4.50	
Roast Lamb with Gravy	(GF)	\$4.50	
Roast Pork with Gravy	(GF)	\$4.50	
Spaghetti Bolognese		\$4.50	
Sweet & Sour Chicken	(GF)	\$4.50	
DESSERTS			
Apple Pie & Cream		\$3.00	
Berry Crumble with Custard		\$3.00	
Chocolate Gateaux Cake		\$3.00	
Chocolate Steamed Pudding with Custard		\$3.00	
Fruit Trifle & Cream		\$3.00	
Golden Syrup Pudding		\$3.00	
Lemon Cheesecake		\$3.00	
Lemon Meringue Pie with Cream		\$3.00	
Sticky Date Pudding with Caramel Sauce		\$3.00	
Strawberry Cheesecake		\$3.00	
Tropical Pavlova		\$3.00	
PAGE ONE SUB TOTAL			
PAGE TWO SUB TOTAL			
TOTAL			

OFFICE USE ONLY

PAID	Yes / No	Amount:	Cash / Cheque
ACCOUNT	Yes / No		
DATE ENTERED ON POLIXEN			
DATE PACKED - Blue Bag in Freezer			